

## Optimized Resveratrol

### Activate your longevity genes

Item #02230 • 60 vegetarian capsules

Resveratrol promotes “healthy gene expression,” in which genes produce proteins that promote optimal structure and function of cells, organs, and the whole body. **Optimized Resveratrol** combines resveratrol with synergistic plant nutrients to promote expression of genes associated with slowing down aspects of normal aging.

**Optimized Resveratrol** contains **250 mg** of stable, well-absorbed **trans-resveratrol**.<sup>1-3</sup> Best known as a compound found in red grapes and red wine, resveratrol helps promote and maintain optimal health and longevity.<sup>4</sup> Resveratrol also promotes healthy insulin sensitivity, enhances mitochondrial function, promotes a healthy inflammatory response, and has demonstrated beneficial cardiovascular activity.<sup>5-7</sup>

Our formula also has quercetin and fisetin, botanical compounds that work synergistically with resveratrol to promote cardiovascular and neurological health and mitochondrial function, inhibit oxidative stress and inflammatory factors, promote healthy cell division, and more.<sup>8-14</sup>

#### References

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4. *Clin Interv Aging*. 2008 3(2): 331-9.
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8. *Genes Nutr*. 2009 Dec; 4(4): 297-307.
9. *Adv Exp Med Biol*. 2016 928(213-244).
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#### One vegetarian capsule contains:

*Trans*-Resveratrol ..... 250 mg  
[from Japanese knotweed (root)]

Other ingredients: vegetable cellulose (capsule) .

#### Dosage and use

- Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

#### Non-GMO

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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